

## **Companion Care Services, Hampton Roads**

Age Requirements

No Age Requirement

Available 24/7

Yes

Intake Contact

Becky Grim

Intake Contact Email

bgrim@homecareassistance.com

Intake Process

Visit the website or call the office.

Intake Contact Telephone

(757) 220-3151

Provider Refer

Yes

Report Problems

Call the Agency

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Other

Self Refer

Yes

Home Care Assistance

<https://homecareassistance.com/hampton-roads/>

Main

(757) 422-2686

Toll-Free

(866) 454-8346

283 Constitution Drive

Suite 603

23462 VA

United States

Fee Structure

Fee Range

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Fixed Fee

Payment Method(s)

Private Pay

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Private Insurance

Languages Spoken

English

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Spanish

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Multi-Lingual

Home Care Assistance offers companion care. Caregivers provide companionship, medication reminders, transportation to doctor appointments, supermarket or errands, laundry and linen help, cooking, light housekeeping and more.

Caregivers are experienced in Alzheimer's care and dementia care.

Companions can also monitor the individual for safety during hospital stays or accompany older adults on vacations, enabling them to travel in safety and freedom.

Exclusive provider of the Balanced Care Method, a philosophy of moderation and variety in lifestyle. Components of Balanced Care Training include a healthy diet, physical activity, sharp minds, social ties and calmness, and purpose.

Live-in care and in-home assisted living are specialized services available.

Service Area(s)

Chesapeake City

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Gloucester County

,

Hampton City

,

Isle of Wight County

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James City County

,

Newport News City

,

Norfolk City

,

Poquoson City

,

Portsmouth City

,

Suffolk City

,

Virginia Beach City

,

Williamsburg City

,

York County