

## Options Counseling

Age Requirements

60+

Available 24/7

No

Intake Process

Contact intake at 757-461-9481

Self Refer

Yes

Senior Services of Southeastern Virginia

<http://www.ssseva.org/>

Main

(757) 461-9481

2551 Eltham Avenue

Suite Q

23513 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Languages Spoken

English

Senior Services of Southeastern Virginia offers Options Counseling. This is an interactive decision-support process whereby individuals, with support from family members, caregivers, and /or significant others, are supported in their deliberations to make informed long-term support choices in the context of the individual's preferences, strengths, needs, values, and individual circumstances.

Service Area(s)

Chesapeake City

,

Franklin City

,

Isle of Wight County

,

Norfolk City

,

Portsmouth City

,

Southampton County

,

Suffolk City

,

Virginia Beach City

Email

[services@ssseva.org](mailto:services@ssseva.org)