

## Options Counseling

Available 24/7

No

Other Eligibility Criteria

No restrictions

Intake Process

Call for information; visit the website.

Self Refer

Yes

Bay Aging

<http://www.bayaging.org>

<http://bayaging.org/community-living-programs/>

Main

(804) 758-2386

Toll-Free

(866) 758-2386

5306 Old Virginia Street

PO Box 610

23175 VA

United States

Fee Structure

No Fee

Languages Spoken

English

Options Counseling is a type of planning centered on the individual and designed to streamline access to long-term support options for older adults, persons with disabilities of all ages, and family caregivers.

Options Counseling includes the following steps:

- One or more personal conversations to discuss current circumstances
- Identification and discussion about available public and private resources and

supports provided by family, friends and neighbors

- Decision support in weighing pros and cons of various options
- Support in the development of an individual action plan
- Assistance with enrollment in publicly-funded and/or consumer-directed supports, which may also include coordination of eligibility determination
- Links to public and/or privately purchased supports and benefits
- Follow-up to ensure personal goals have been achieved

Agencies that provide Options Counseling in Virginia have been trained in and deliver the support according to the statewide standards. The support is offered regardless of an individual's ability to pay.

Service Area(s)

Essex County

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Gloucester County

,

King William County

,

King and Queen County

,

Lancaster County

,

Mathews County

,

Middlesex County

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Northumberland County

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Richmond County

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Westmoreland County