

# **Vestibular Rehabilitation, Outpatient Rehabilitation Services, Winchester Rehabilitation Center**

Age Requirements

16-21

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18 and over

Available 24/7

No

Family

No

Intake Process

Ask your physician for a referral; then call for an appointment.

Report Problems

Call the Agency

Valley Health Rehabilitation Services

<http://www.valleyhealthlink.com/?id=368&sid=1>

Main

(540) 536-5113

Toll-Free

(800) 382-0772

333 West Cork Street

22601 VA

United States

Additional Availability Comments

Business hours are Monday - Friday, 8:00 - 4:30.

Fee Structure

Fee Range

Payment Method(s)

Private Pay

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Medicare

Languages Spoken

## English

Vestibular Rehabilitation is designed to assist individuals with vertigo, dizziness, imbalance, or sensitivity of movement. The vestibular system, or inner ear, plays an integral role in the control of posture and balance. Deficits in the vestibular system may result in loss of balance, decreased independence, inability to perform everyday activities, and increased risk of falls.

Vestibular rehabilitation at Winchester Medical Center consists of customized activities and exercises to promote adaptation or compensation to a change, deficit, or loss in the vestibular system. Canalith repositioning, or the Epley Maneuver, is also indicated in specific cases.

If you think vestibular rehabilitation can assist you, ask your physician for a referral. Then call 540-536-5113 to make an appointment. Vestibular rehabilitation is covered under Medicare, and many insurance companies will reimburse the cost of this service.

Service Area(s)

Clarke County

,

Frederick County

,

Winchester City