

## **Congregate Meals, Shenandoah County Senior Center**

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Age 60 years and older

Family

No

Intake Contact

Joe Babcock

Intake Contact Email

shensc@seniorsfirst.info

Intake Process

Call the office for more information or drop by.

Intake Contact Telephone

(540) 984-8811

Provider Refer

Yes

Self Refer

Yes

Seniors First, The Shenandoah Area Agency on Aging

<https://seniorsfirst.info/>

Main

(540) 984-8811

First Baptist Church

116 Lakeview Drive

22664 VA

United States

Monday: Closed

Tuesday: 9:30 am-1:00 pm

Wednesday: 9:30 am-1:00 pm

Thursday: 9:30 am-1:00 pm

Friday: 9:30 am-1:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Closed on Monday.

Fee Structure

Call for Information

Languages Spoken

English

Seniors First, The Shenandoah Area Agency on Aging, offers congregate meals served four days a week, Tuesday, Wednesday, Thursday and Friday. In some cases, transportation will be provided to and from the Senior Center. The Senior Center provides nutritious meals and fellowship, programs including health screenings, nutritional education, musical programs, information available community programs for the elderly, programs on fraud and elderly abuse, and other issues of interest to seniors.

Service Area(s)

Shenandoah County

Email

[info@seniorsfirst.info](mailto:info@seniorsfirst.info)