Counseling for Survivors of Sexual Assault

Age Requirements

16-21

,

18 and over

Available 24/7

No

Other Eligibility Criteria

Age unrestricted. We assist those affected by sexual violence.

Family

No

Intake Contact

General

Intake Process

Appointments can be made by phone for an intake and evaluation.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Rappahannock Council Against Sexual Assault

http://www.rcasa.org

https://www.rcasa.org/counseling

https://www.facebook.com/Rcasa1

https://twitter.com/rcasa_va?lang=en

Main

(540) 371-6771

Toll-Free

(800) 838-8238

Phone Emergency

(540) 371-1666

TTY/TTD

(540) 371-5581

615 Jefferson Davis Hwy Suite 201
22401 VA
United States

Monday: 9:00 am-5:00 pm
Tuesday: 9:00 am-5:00 pm
Wednesday: 9:00 am-5:00 pm
Thursday: 9:00 am-5:00 pm
Friday: 9:00 am-5:00 pm
Saturday: Closed
Sunday: Closed
Additional Availability Comments
Crisis intervention is available 24 hours/day. Call 540-371-1666
Fee Structure
Call for Information
Languages Spoken
English

Rappahannock Council Against Sexual Assault (RCASA) offers One-on-one Crisis Counseling.   Short-term crisis counseling is available. A trained crisis counselor is available during office hours to provide information and support. Please call the office for an appointment.

 Counselors use a variety of therapeutic interventions, including, but not limited to, Cognitive Behavioral Therapy (CBT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Cognitive Processing Therapy (CPT), Art Therapy, and Eye Movement Desensitization and Reprocessing (EMDR).

RCASA is a private, nonprofit organization committed to (1) coordinating, organizing and initiating services that aid survivors of sexual assault and their significant others; (2) educating the public on sexual assault issues; and (3) acting as an advocate and resource for the needs and rights of survivors of sexual assault and their significant others.

Service Area(s)
Caroline County
,
Fredericksburg City
,

King George County

,

Spotsylvania County

,

Stafford County

Email

info@rcasa.org