

## **Brunswick County Adult Center**

### Age Requirements

60+

Available 24/7

No

### Other Eligibility Criteria

Must be ages 60+ and income must be within the federal poverty guidelines. Must reside in service areas.

### Family

No

### Intake Process

Call or come by the office for more information and to fill out an application.

### Self Refer

Yes

Lake Country Area Agency on Aging

<http://www.lcaaa.org>

### Main

(434) 848-3100

Toll-Free

(800) 252-4464

1105 West Danville Street

23970 VA

United States

### Languages Spoken

English

The Brunswick County Adult Center provides a congregate meal, nutritious meals that meet 1/3 of the daily recommended dietary allowances as required by Federal regulation. Meals are provided to those individuals 60+ years of age who are in greatest economic, social and physical need. Those individuals eligible due to inability to leave their home may be served home delivered meals and those individuals eligible to attend the congregate meal site for socialization are provided their meal in a congregate setting. By addressing the physical, emotional, and

economic needs we are able to enhance the opportunity of all older Americans to live an independent life. All locations are handicapped accessible.

Congregate meals give the individual an opportunity to be involved in many organized activities such as crafts, health screenings, health and public education, exercise, travel and tour information, money management and Medicare/Medicaid information.

Service Area(s)

Brunswick County

Email

[lakecaaa@lcaaa.org](mailto:lakecaaa@lcaaa.org)