

## Congregate Meals, Coeburn

Age Requirements

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Persons age 60 and older

Family

No

Intake Contact Email

info@meoc.org

Intake Process

Walk-ins and telephone referrals accepted

Provider Refer

Yes

Self Refer

Yes

Mountain Empire Older Citizens, Inc. (MEOC)

<http://www.meoc.org>

<https://www.facebook.com/mountainempireoldercitizens/>

<https://twitter.com/VAMEOC>

Main

(276) 523-4202

Toll-Free

(800) 252-6362

413 Front Street

24230 VA

United States

Additional Availability Comments

Office hours are Monday-Friday 8AM-5:30PM

Fee Structure

Suggested Donation

## Languages Spoken

English

Mountain Empire Older Citizens (MEOC) provides a congregate nutrition site at the Lay's Building offering a nutritious, hot, noontime meal. Each site offers a variety of activities, exercise, health education, health screenings, music and storytelling, quilting and crafts. Current events and other topics of interest to older citizens are an important part of the program. These sites operate as part of MEOC Wellness Is Now (WIN) initiative. Most WIN Centers also provide community group respite service during regular hours of operation.

Meal site operates on Tuesdays from 9:30AM until 1:30PM at Lay's Building.

## Service Area(s)

Wise County

## Email

[kristen.rutherford@meoc.org](mailto:kristen.rutherford@meoc.org)