

Administrative Office

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Arlington residents

Intake Process

Phone, Appointment

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Yes

Self Refer

Yes

Arlington County Department of Human Services

<https://www.arlingtonva.us/Government/Departments/DHS>

<https://www.arlingtonva.us/Government/Departments/DHS/Public-Assistance>

<https://www.arlingtonva.us/Government/Departments/DHS>

<https://twitter.com/ArlingtonDHS>

Main

(703) 228-1350

Phone Emergency

(703) 228-4610

TTY/TTD

(703) 228-1788

2100 Washington Blvd, 4th Floor

22204 VA

United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

The Arlington County Department of Human Services is committed to maintaining a healthy, stable, and safe community by focusing on prevention and promoting independence and self-sufficiency. Call to learn about the services provided to the general public, to children and to persons who are disabled or elderly, as well as extensive information about services targeted to people who are disadvantaged. You can e-mail the Department of Human Services at dhs@arlingtonva.us

CommonHelp is a central way to apply for and get help with assistance in Virginia. [Visit CommonHelp.](#)

The ART bus stop is on Uhle Street, at the entrance to the Sequoia Plaza complex.

ART Routes:

- ART 42 Ballston - Pentagon
- ART 45 Columbia Pike-DHS/Sequoia-Rosslyn
- ART 77 Shirlington-Lyon Park-Court House

METROBUS: Routes 16 (H, K, P, Y) and 4 (A, H) are among the Metro bus routes that serve the Human Services Center at Sequoia Plaza area.

Languages: Call ahead for assistance with other languages.

Service Area(s)

Arlington County

Email

dhs@arlingtonva.us