## **Wellness Center, Bayside Community Center**

Age Requirements 60 +Available 24/7 No Other Eligibility Criteria Must be 60 years of age or older and their spouse within the target area. Family No **Intake Process** Virgina Service Quick Form, Nutritional Health Screening Form is completed on all meal customers and updated yearly. Provider Refer Yes Self Refer Yes Senior Services of Southeastern Virginia http://www.ssseva.org/ Main (757) 385-5930 **Bayside Recreation Center** 4500 First Court Road 23455 VA **United States** Monday: 8:30 am-4:30 pm Tuesday: 8:30 am-4:30 pm Wednesday: 8:30 am-4:30 pm Thursday: 8:30 am-4:30 pm Friday: 8:30 am-4:30 pm Saturday: Closed Sunday: Closed Additional Availability Comments The senior center operates during these times. Contact facility for additional operating days and times.

Fee Structure Suggested Donation Languages Spoken English

Bayside Recreational Center provides congregate meals for clients living within the target area sites without membership. The program offers socialization/recreation, health screenings, information pertinent to seniors, and referrals to other agencies with center membership. Other services also included with membership are exercise classes, bridge games, and more.

Service Area(s) Virginia Beach City Email <u>services@ssseva.org</u>